

## 2000 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

**Table 3: Servings of Fruits, Juices, Salads, and Vegetables Consumed by California Adolescents**

For each meal and snack:

Did you eat any fruits or vegetables, or drink any juice for [meal or snack] yesterday?

Which fruits, vegetables or juice did you have?

How many servings of [each fruit, vegetable, or juice reported] did you eat for [meal or snack]?

	Reported Mean Servings of Fruits and Vegetables			
	Fruits	Juices	Salads <sup>1</sup>	Vegetables
<b>Total</b>	<b>1.7</b>	<b>1.7</b>	<b>0.2</b>	<b>0.9</b>
<b>Gender</b>				
Males	1.8	1.8	0.2	1.0
Females	1.6	1.6	0.2	0.9
<b>Ethnicity</b>				
White	1.5 <sup>a</sup> **	1.7	0.3	1.2 <sup>b</sup> ***
African American	1.5 <sup>ab</sup>	1.6	0.2	0.8 <sup>ab</sup>
Latino	1.9 <sup>b</sup>	1.7	0.1	0.7 <sup>a</sup>
Asian/Other	1.9 <sup>ab</sup>	1.3	0.2	0.7 <sup>a</sup>
<b>Gender by Age</b>				
<b>Males</b>				
12-13	2.1 <sup>b</sup> **	2.0 <sup>b</sup> *	0.2	0.9
14-15	1.8 <sup>ab</sup>	1.6 <sup>a</sup>	0.2	0.9
16-17	1.4 <sup>a</sup>	1.7 <sup>ab</sup>	0.3	1.0
<b>Females</b>				
12-13	1.7	1.8 <sup>b</sup> *	0.2	1.0
14-15	1.6	1.4 <sup>a</sup>	0.2	0.8
16-17	1.5	1.6 <sup>ab</sup>	0.2	0.9
<b>Smoking Status</b>				
Non-Smokers	1.7	1.6 *	0.2	0.9 *
Smokers	1.5	2.1	0.1	1.3
<b>Physical Activity Status</b>				
Regular	1.7	1.7	0.2	1.0 **
Irregular	1.6	1.7	0.2	0.7
<b>Overweight Status</b>				
Not at Risk	1.7	1.7	0.2	0.9
At Risk/Overweight	1.6	1.6	0.2	1.0

<sup>1</sup> Data should be interpreted with caution due to small sample size in each cell.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a,b,c) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05).

ANOVA

\* p<.05

\*\* p<.01

\*\*\* p<.001